



Moorooduc Saddle Club News

MAY 2013



Important Dates

Trail Ride	2nd June
Mid week	6th June
Working Bee	1st June / 22nd June
Sunday Rally	16th June
Christmas in July	27th July
40th Birthday	14th September

Presidents Report

Hello again,

Since our last newsletter eight club members took part in the "Riding of the Bounds" annual event at Berwick. 175 riders took part in the historical ride and enjoyed picturesque surroundings and pleasant company.

Our Sunday and midweek rallies are always well attended with keen interest. As always rally coordinators and instructors do a fine job. Although May Sunday rally was wet, we had a fair turn out. We harrowed the arenas the previous day and this improved the riding surface. The horses went well even though some areas of the ménages were underwater.

It is disappointing that I must point out that our canteen money has not balanced lately. I urge everyone to be mindful that our canteen is run by volunteers and the system runs on an honesty policy.

We are in the process of updating our website so keep your eye on it for upcoming events, namely a Christmas in July and a 40th birthday party for our club.

I look forward to seeing everyone at our next rally or trail ride. Thanks Terry.

Riding the Bounds

The City of Casey held its 24th Riding of the Bounds event on Sunday 5th May 2013 in Clyde North. More than 175 riders gathered to honour a tradition begun in Casey's sister city Berwick-upon-Tweed in the UK, more than 500 years ago.



Working Bee 1st June & 22nd June

We have decided to hold two working bees in June. This is to give members fair chance to clock up their club service hours and avoid the levy, which can be as high as \$100.

Saturday 1st and 22nd June are the dates and jobs that need doing include: pruning, brush cutting around club rooms and on top land, spraying arenas for weeds, cleaning club room and toilets, clearing gutters, removing rubbish and tree planting.

Working Bees will commence about 9am and finish in the early afternoon.



Trail Ride Sunday 2nd June.

There will be two rides leaving from the Browns rd roundabout Main Ridge.

This year to encourage more members to trail ride we will be holding a slower ride each month. These trail rides will be walk and an occasion safe trot to allow members who need to gain confidence.



The fast ride will leave at 10am and the fast ride will leave at 10.30.

Grant can be contacted on 0412 952 749 or Gayle 0418 584 900 if you are running late or have any questions.

Trail Ride Rating 1, 2 or 3

- **Rating 1 ride will travel no faster than walking pace. These will usually be held within the club grounds. The rides are ideal for members who have new, unfamiliar or young horses and are looking for a trail ride in company, and in an enclosed environment.**
- **Rating 2 ride will travel no faster than a trot, and will also usually take place from the club grounds, and may access the local trail and road network.**
- **Rating 3 ride will involve 3 paces - walk, trot and canter, and will usually be a location away from the club grounds. Travelling by float can take up to an hour. E.g. Bass Coast Rail Trail, Greens Bush.**

One of the most enjoyable things you can do with your horse is to trail ride—yet to many this is the most nerve wrecking. This is another way that people can benefit by being a member of the club. It is all about helping each other improve.

Mid week Rally

The next mid week is on Thursday 6th June.

Mid week rallies are held on the first Thursday of each month.

Please remember the **no call/ no email no ride rule** and notify rally coordinator by the Monday night prior. The cost of the lesson is divided among the riders.

Sunday Instruction Rally

Considering the weather we had a fair turnout for the rally. The classes went ahead as planned, even the cross country.

Due to the fact that our Sunday rallies are becoming more popular it is even more important that the **no call/ no email no ride rule** is enforced.

Please appreciate the effort the rally coordinators put in to make the rallies run smoothly and successfully. Please notify as early as possible, preferably before the Tuesday night prior. Please be warmed up and ready to participate in a lesson at 9am—unless notified.

Please remember that if you cancel and do not notify the club the onus is on you to pay the instruction fee.

The canteen is a great place to be in the winter months and the huge fire adds to the warm atmosphere. There is always a hot drink and most times a member will have made beautiful homemade soup. Please take the time to make good use of the rooms this winter.

Harriet Akestar Fund raising for Million Paws Walk

Harriet developed the following website for her fundraising effort and **the site closes on May 31st (this Friday, so hurry!!)** click on this link :

http://www.millionpawswalkfundraising.com.au/harriet_lucy

If people would like to make a donation the website is below also attached is a photo of her and Lucy at the finish line

We are very proud of Harriet as she did it all herself and has raised \$700!! The 10th highest individual fundraiser is \$820.00 she's hoping to get in the top 10! Saying that when she started the page she wrote her goal at \$200 and day one she topped that!

Donating is easy—just click on the link and follow the prompts.



Hendra Vaccinations

Hendra virus is a potentially deadly viral disease that can be spread from horses to humans. There are no known treatments for Hendra virus. First detected in northern Queensland in 1994, more recently Hendra virus has been reported further south and west of the Great Dividing Range. Fruit bats (flying foxes) are the natural hosts of Hendra virus.

It is thought that Hendra virus is transmitted from fruit bat to horse via feed contaminated with fruit bat urine, faeces or body fluids. Hendra virus can be spread from horse to horse and horse to human through close contact with respiratory secretions and/or blood from an infected horse.⁴

Hendra signs are those that can be associated with many other equine illnesses however some include: Fever, Nasal discharge, Clumsiness or difficulty walking, Muscle twitching, Increased breathing rate, Lack of appetite, Head tilt, and difficulty breathing

Horse to human transmission can occur if there has been close contact with bodily secretions and/or blood of an infected horse.

Humans may begin to show signs of illness within 5 - 21 days of contact with an infected horse. Human signs include; fever, cough, Sore throat, Encephalitis with headache, and drowsiness

If you or your horse-handlers experience any of these symptoms following contact with a suspected or confirmed case of Hendra virus, seek medical attention immediately.

How do I minimise the risk of Hendra virus in my horses?

- Talk to your vet about Hendra vaccination
- Protect water and food sources from contamination by flying foxes
- Isolate sick horses from other horses, animals and humans

Ensure strict hygiene and cleaning practices are used when handling horses

There are currently no known treatments for Hendra virus in horses or humans. Ask your vet about protection with [Hendra vaccine](#).

Information from Health 4 Horses website (<http://www.health4horses.com.au/Disease-Information/Hendra-virus/>)

Some vet clinics are offering discounts for multiple injections, if we have enough interest for this at club we can organise vaccinations at our next rally.

Travel Sickness

Just recently a club member had a very close call with travel sickness in a horse that was transported from interstate.

This following article is written by Liz O'Connor and points out the importance of care at all stages of travelling horses for long distances.

Travel sickness as it is commonly known or 'Pleuropneumonia' is inflammation and fluid build up both within the lung and pleura. The pleura is the space between the lungs and chest wall. Horses develop pleuropneumonia from contamination of the lower respiratory tract, their lungs, with bacteria that normally occur in the upper respiratory tract, upper throat and nose.

When your horse travels its natural environment is disrupted. His head is raised for longer periods than is natural, he often eats with his head raised and standing in one place instead of the typical grazing behaviour with his head down. He has limited space to be able to lower its head to snort and cough and clear its throat and lungs.

Travel sickness is a respiratory disease, so it is essential to keep the environment dust free. Hay and feed must be of good quality and dampened to avoid dust and the vehicle must be kept as clean as possible to avoid a build up of dust particles. Ventilation is essential at all times unless the weather is extremely cold. Clean fresh air is very important.

Horses are particularly at risk when they can not lower their heads over a long time to clear their throats by coughing or snorting, this also enables the throat and airways to remain moist by saliva flow. Environmental changes and the stress of travelling a horse have proven to weaken the horses' immune system leaving it more susceptible to illness and to triggering infections.

Immediately before, during and after travelling, horses should be monitored closely. A log should be made of the horses' temperature and general well-being, whether he has had a drink before loading and the consistency of any droppings. Once your horse has been unloaded at the destination, he should be left for an hour or so before checking his temperature. This will give his body temperature time to recover and return to normal. Normally, the temperature of your horse is between 37.5 - 38.5 degrees C. If it is higher than normal then you should consult your vet. Droppings, water intake, temperature and general well-being should be monitored for at least 24 hours after the journey.

Early signs of travel sickness are not limited to and can include:

Dull eye, Raised temperature, Coughing fits, Dehydration, Lack of interest in food, Discharge from the nostrils, Change in dropping consistency, Rapid breathing, Pawing the ground, Unwillingness to move around.

Immediate veterinary advice should be sought if any signs of travel sickness are apparent as this disease can be quickly debilitating.

"Best Practices" for travelling your horse are:

- Do not over rug your horse whilst travelling, ideally no rug or a very light breathable type should be used. When the horse is in transit there will be heat from other horses, from being in a confined space, from outside weather conditions and from the tarmac and road conditions. Once your horse has been unloaded he may benefit from a lightweight breathable rug as the travelling conditions will always be warmer than the stable or field. We recommend a microfibre or thermatex material rug should be used as this is breathable and will allow air to circulate, keeping the horse at the optimum temperature.
- Allow your horse 24 hours of complete rest after a long journey to recover from fatigue and dehydration.

Make sure that all his food and water are on the floor for at least 48-72 hours after the journey and not in feeders up off the ground. This will encourage your horse to lower his head to ensure that mucus can be cleared.

FEED AND WATER YOUR HORSE FROM THE GROUND ENCOURAGING THE HORSE TO LOWER HIS HEAD.

Recognising the signs that your horse may be tired or unwell from travelling is not always easy but good horse keeping can go a long way to helping your horse bounce back to his usual self after a long trip.

The symptoms of travel sickness can sometimes not emerge for 2 or 3 days so it is important the keep a vigilant eye on the horse and check for all the signs of travel sickness for up to 3-4 days.

Travel sickness can be dangerous as the symptoms are often ignored, if your horse has any signs of travel sickness at any stage throughout its journey or for 3-4 days after you should call the vet immediately as it is better to be cautious.

Information from : <http://www.locitd.com/website-terms.php>

Christmas in July

The club will hold a Christmas in July themed get together on Saturday **27th of July**. It is a great opportunity mix with other club members in front of our roaring fire. We will update you details very soon.



40th Birthday party.

SAVE THE DATE - Saturday 14th September.

Moorooduc Saddle club turns 40 this year and to celebrate the club will be holding a 40th Birthday party. The party will be for past and present members and we look forward to a fun night of celebrations.

Stay tuned



For Sale

For Sale \$6500 Sturdy Make Float

This has been a trouble free float which takes 2 large horses and tows very well

2 access doors, 10'6 long with 6'6 stalls, Height 7'1 and internal width 5'5 , Interior storage area , Roof vent, sliding side windows, interior light, padded removable divider with chains, Hydraulic brakes, Storm cover, Some stone chips and a small amount of surface rust, Regularly serviced. call Heather 0419510709



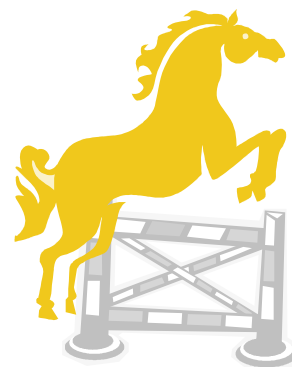
General

Please take the time to look at the Club website.

Remember that the website is there for you to access if you need further information.

The website is a great starting point if you have items to sell, swap or may need.

Please feel free to suggest anything that may help us make our club better. If you have ideas we would love to hear them.



Committee

President / Ass. Rally Coordinator	Terry Keet	5986 2640
Vice President/ Mid Week Rally	Gayle Kelly	5977 5102
Coordinator / HRC AV Contact/New Membership Co-ordinator		0418584900
Treasurer / Newsletter	Tanya Patterson	0438 306 582
Secretary	Andrea Peel	0408 525 572
Trail Ride Coordinator	Grant Kelly	59775 102 0412952749
Rally Co-ordinator (Sundays) & Key Register	Sharyn Battin Brown	5978 8186 0421227970
Grounds/Construction	Marty Veldt Denis Roberts	
Rally Co-ordinator (Sundays shared)	Sharyn Battin Brown, Rochelle Akester, Andrea Peel	
General Committee	Wendy Symons Deb Birch Leonie Hull Leesa Vincent	